



## RACE INFORMATION

**ArcticCircle24**

**8.7.2009**

### **Rules**

The competition is governed by the competition rules and the instructions provided by the organizer and in the maps and road books. It is assumed that the participants have familiarized themselves with the competition rules.

### **Parking**

Parking is available in the immediate vicinity of the race base, hotel Jeris. Parking is forbidden on the parking area in front of the hotel on Thursday from 15:00 hrs onwards. Follow the road signs on arrival.

### **Registration and briefing**

Registration takes place at the race base on Friday from 6:00 - 9:00 hrs. At the time of registration teams submit their final member list, sign the disclaimer, receive the race materials and rent the paddling helmets with even money (5 euros each).

The captains' briefing is at 9:00 hrs, during which time participants will also get answers to any questions they may have.

## Race progress

All race categories start off at 10:00 hrs. The starting line is located at the parking area in front of hotel Jeris. The teams should be at the starting line at 9:45 hrs at the latest.

The race course has predetermined cut-off times. Teams that do not arrive at the start of a stage before the cut-off time must skip that stage. The organizer may change or add cut-off times during the race itself. Teams must pay close attention to instructions provided during the race.

Start times for the stages of the 24 Stage category are as follows:

|         |           |
|---------|-----------|
| Stage 1 | Fri 10:00 |
| Stage 2 | Sat 5:00  |

Estimated par times for each stage of the 24 Stage category:

|         |      |
|---------|------|
| Stage 1 | 8:15 |
| Stage 2 | 5:45 |

24 Stage category race course does not contain coastaleering.

## Punching system

SPORTIdent electronic punching system is used in the competition. A SPORTIdent card is used for punching on each control point just as Emit card has been used in previous years. When punching, the SPORTIdent control station gives both audible and visual signal of successful punching. Both must be present. Familiarize yourselves with the model control point at the race base.

Each competitor will wear a wristband that has the SPORTIdent card attached to it. The wristband will be attached to competitor's wrist with an aluminium tube that is crimped with a special tool. The wristband may be removed only after crossing the finish line. All team members punch at each control point, and they must punch within 1 minute.

It is competitor's responsibility to keep the wristband undamaged. If the wristband is broken during the race, the team will be disqualified. There is a separate document about attaching the SPORTIdent card on ArcticCircle24 web pages.

## Maintenance and support

Teams shall pack bags for assistance points (AP) before the start. At the race base yard there will be specific marked (e.g. "24 non-stop") areas for bags. Leave your bags to these areas at 9:00 hrs at the latest. Mark the bags clearly with team's race number. The assistance points are as follows:

24 Stage category: one assistance point (AP)

24 Non-stop categories: one assistance point (AP)

For 24 Stage category 3 bags per team is allowed. Do not pack water in the bags. The break between stages is during night time, thus you may want to pack a tent, sleeping bags etc equipment needed for the overnight stay. The organizer can not transfer the bags to the assistance point by car, so please do not pack big and heavy bags.

For 24 Non-stop categories only one bag per team is allowed. The maximum weight of a bag is 20 kg. It is possible weigh the bags at the race base. If the weight of a bag exceeds 20 kg, the team will get 30 minutes time penalty. Do not pack water in the bags.

24 Stage category's AP has not actual interiors. There is a Laplander's hut that has a fireplace. Showers are not available, but swimming outdoors is possible. AP has facilities for refilling water bottles, but no other food or beverages is provided by the organizers.

24 Non-stop categories' AP is under the open sky. The assistance point has facilities for refilling water bottles. The area is used by other people as well. Possible support crew must obey the instructions given by the assistant point personnel and leave room for other people also.

There is no water service elsewhere on the race course, but water from natural sources along the race is generally potable. Teams are responsible for packing to their assistance point bags any food, snacks and other sources of energy they require during the race.

The organizer handles participants' equipment with care, but material damages may still occur. The organizer takes no responsibility for the damages caused to participants' equipment during the transportations. Pack fragile articles with care in the assistance point bags.

## Equipment

An updated list of mandatory, recommended and forbidden equipment is provided on the race website at <http://www.arcticcircle24.com>. As equipment will get wet during the race, it must be sufficiently waterproofed. Participants are advised to bring along a change of clothes. As the weather during the race may be anything from summer heat to rain or sleet, a sufficiently versatile range of equipment should be prepared. The race course crosses uninhabited wilderness, thus fast evacuation is possible only in emergency situations. If stopping the race in the wilderness due to e.g. exhaustion or broken equipment, participants have to be prepared to wait for the help to arrive.

24 Non-stop open and 24 Stage categories need to drop their bicycles before the race start to the yard of [Naturium Kiela](#)<sup>\*1</sup> in the immediate vicinity of the downtown of Muonio. The address is Kilpisjärventie 15, 99300 Muonio. 24 Non-stop women category brings their bicycles to [Toras-Sieppi](#), Torassiepintie 266, 99300 Muonio. Cycling helmets and shoes can be left on the areas, too. The equipment is left under open sky. Thus, you may want to protect your gear from rain. When the teams take their bicycles during the race, nothing may be left behind. The areas are guarded on Thursday from 20:00 hrs onwards until the moment the competitors start the cycling section.

Canoes used in the race will be sourced from various businesses, so they will not all be the same. Teams may not reserve a particular canoe beforehand. Equipment may only be selected upon arrival at the starting line of the paddling stage. If the canoe has a piece of wood attached in the middle for easier carrying, that piece of wood may not be sat on as it may break.

The organizer will handle moving additional canoe seats and paddling helmets during the race. Mark your seat and helmets clearly with your team's race number, e.g. written on tape. When moved by the organizers during the race, team's helmets have to be attached to each other. Bring binding material with you, e.g. a strap. It is forbidden to attach other articles to the seat or helmets.

24 Non-stop categories pack their inline skates in the plastic bags provided by the organizer. The bags will be delivered in the race material. Leave the bags and possible poles at the race base where indicated at 9:00 hrs at the latest. The bag may contain only skates and protection pads. Mark your skates and poles clearly with your team's race number. All poles of a team must be tied together with a strap.

Lapland has light around the clock at the time of the race. A headlamp is only needed for reading the map and for being visible when moving on road. A headlamp that emits a continuous (= non-blinking) white or yellow light may be used as the front light for the mountain bike. Bikes must also have a back light emitting continuous red light. If the inline skating section happens at night time, headlamp must be used.

Participants in all race categories may choose to carry a pair of running shoes in their backpack on the race.

The numbered bib must be returned to the organizers after the race.

### **Race disciplines and total par times**

24 Non-stop women:

- Running / orienteering 7:00
- Mountain biking 9:10
- Paddling 3:50
- Inline skating 1:45
- Special tasks and quests 0:15

24 Non-stop open:

- Running / orienteering 6:15
- Mountain biking 8:25
- Paddling 4:50
- Inline skating 1:25
- Special tasks and quests 0:15

24 Stage:

- Running / Orienteering 5:00
- Mountain biking 6:00
- Paddling 3:20
- Special tasks and quests 0:15

The times listed above are the expected times of the fastest teams. In planning for what equipment to bring for each stage, keep in mind that the slowest teams may take up to twice as long to complete each stage. For 24 Non-stop categories the finish line is open until Saturday 19:00 hrs, which may make the race last 33 hours for the slowest teams.

### **Washing**

After the completion of the race, participants may use the premises of Hotel Jeris to go for a wash.

## Food services

On Thursday, Friday and Saturday the markets and restaurants in Muonio are open according to their normal opening hours. On Thursday evening dinner is served from 17:00 hrs onwards at hotel Jeris. The price is 10 euros for adults and 5 euros for children.

After the race, a field lunch is served near the finishing line area.

## Banquet

The banquet starts with the prize-giving ceremonies on Saturday at 20:00 hrs. That is followed by the banquet buffet. The party is continued at hotel's bar until 1:30 hrs with photos from the race.

## Organizer

Arctic Circle Adventure Association ([www.arcticcircle24.com](http://www.arcticcircle24.com),  
[ac@arcticcircle24.com](mailto:ac@arcticcircle24.com))

## Race management

|                 |   |
|-----------------|---|
| Race Director   | Kati Vehmas +358 40 747 2767                  |
| Course planners | Kati Vehmas, Riitta Siltanen +358 40 564 3736 |
| Safety          | Jukka-Pekka Kunnari +358 40 846 5991          |
| Race base       | Jarno Vehmas +358 44 585 1131                 |

The race organizers reserve the right to amend this information. In the event of changes, a notice will be posted on the race website and by e-mail to the registered teams.

1\* <http://kansalaisen.karttapaikka.fi/linkki?scale=8000&text=Luontokeskus+Kiela&srs=EPSG%3A3067&y=7541720&x=361246&lang=en>

2\* <http://kansalaisen.karttapaikka.fi/kartanhaku/osoitehaku.html?x=371094&y=7541283&srs=EPSG:3067&text=Pyorat&scale=8000&action=link&mode=&lang=en>

